



ENTER TABLE HERE

(A)	40	50	60	70	80	90	100	110	120	130	140	Depth (Feet)	Repetitive Group
	12	15	18	21	24	27	30	33	36	39	42	Depth (Meters)	
	200	100	60	50	40	30	25	20	15	10	10	No Decompression Limits (Minutes)	

(B)	BOTTOM TIMES	5																			A	00:10 12:00	
		15	10	10	5	5	5	5														B	00:10 03:20 12:00
		25	15	15	10	10	10	7	5	5	5	5										C	00:10 01:39 04:50 12:00
		30	25	20	15	15	12	10	10	10	8	7										D	00:10 01:09 02:38 05:49 12:00
		40	30	25	20	20	15	15	13	12	10	10										E	00:10 00:54 01:57 03:24 06:34 12:00
		50	40	30	30	25	20	20	15	15												F	00:10 00:45 01:29 02:28 03:57 07:06 12:00
		70	50	40	35	30	25	22	20													G	00:10 00:40 01:15 01:59 02:58 04:25 07:35 12:00
		80	60	50	40	35	30	25														H	00:10 00:36 01:06 01:41 02:23 03:20 04:49 07:59 12:00
		100	70	55	45	40																I	00:10 00:33 00:59 01:29 02:02 02:44 03:43 05:12 08:21 12:00
		110	80	60	50																	J	00:10 00:31 00:54 01:19 01:47 02:20 03:04 04:02 05:40 08:50 12:00
		130	90																			K	00:10 00:28 00:49 01:11 01:35 02:03 02:38 03:21 04:19 05:48 08:58 12:00
		150	100																			L	00:10 00:26 00:45 01:04 01:25 01:49 02:19 02:53 03:36 04:35 06:02 09:12 12:00
		170																				M	00:10 00:25 00:42 00:59 01:18 01:39 02:05 02:34 03:08 03:52 04:49 06:18 09:28 12:00
		200																				N	00:10 00:24 00:39 00:54 01:11 01:30 01:53 02:18 02:47 03:22 04:04 05:03 06:32 09:43 12:00
																						O	00:10 00:23 00:36 00:51 01:07 01:24 01:43 02:04 02:29 02:59 03:33 04:17 05:16 06:44 09:54 12:00
																						Z	00:10 00:22 00:34 00:48 01:02 01:18 01:36 01:55 02:17 02:42 03:10 03:45 04:29 05:27 06:56 10:05 12:00

SURFACE INTERVALS (C)

(D) RG AT END OF SI

IA NT D / US NAVY AIR DIVE TABLES

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(E)	REPETITIVE DIVE TABLES	Z	O	N	M	L	K	J	I	H	G	F	E	D	C	B	A	RNT	40	12
		257	241	213	187	161	138	116	101	87	73	61	49	37	25	17	7	RNT	50	15
		169	160	142	124	111	99	87	76	66	56	47	38	29	21	13	6	RNT	60	18
		122	117	107	97	88	79	70	61	52	44	36	30	24	17	11	5	RNT	70	21
		100	96	87	80	72	64	57	50	43	37	31	26	20	15	9	4	RNT	80	24
		84	80	73	68	61	54	48	43	38	32	28	23	18	13	8	4	RNT	90	27
		73	70	64	58	53	47	43	38	33	29	24	20	16	11	7	3	RNT	100	30
		64	62	57	52	48	43	38	34	30	26	22	18	14	10	7	3	RNT	110	33
		57	55	51	47	42	38	34	31	27	24	20	16	13	10	6	3	RNT	120	36
		52	50	46	43	39	35	32	28	25	21	18	15	12	9	6	3	RNT	130	39
		46	44	40	38	35	31	28	25	22	19	16	13	11	8	6	3	RNT	140	42
		42	40	38	35	32	29	26	23	20	18	15	12	10	7	5	2	RNT	150	45
		40	38	35	32	30	27	24	22	19	17	14	12	9	7	5	2	RNT	160	48
		37	36	33	31	28	26	23	20	18	16	13	11	9	6	4	2	RNT	170	51
		35	34	31	29	26	24	22	19	17	15	13	10	8	6	4	2	RNT	180	54
32	31	29	27	25	22	20	18	16	14	12	10	8	6	4	2	RNT	190	57		
31	30	28	26	24	21	19	17	15	13	11	10	8	6	4	2	RNT				

RESIDUAL NITROGEN TIME (RNT) IN MINUTES

Warning: DO NOT attempt to use these tables unless you are fully trained & certified in the use of Compressed Air, or are under the supervision of a Scuba Instructor. Proper use of these tables will reduce the risk of decompression sickness & oxygen toxicity, but no table or computer can eliminate those risks.

- (A) Planned Depth
- (B) Bottom Time In Depth Column
- (C) Read Across To Find Surface Interval
- (D) Locate RNT After S. I.
- (E) Read Down To Planned Repetitive Dive Depth. Read RNT

IANTD / US NAVY AIR DECOMPRESSION TABLES

Depth m ft	M i n	Meters Feet		R G	Depth m ft	M i n	Meters Feet			R G	Depth m ft	M i n	Meters Feet					R G	Depth m ft	M i n	Meters Feet					R G					
		6 20	3 10				9 30	6 20	3 10				15 50	12 40	9 30	6 20	3 10				15 50	12 40	9 30	6 20	3 10						
12	40	210	2	N	27	90	90	18	48	O	39	150	15				1	F	48	160	50	2	16	23	55	Z					
						100	21	54	Z			20	4	H				4		H		60	9	19	33	69	Z				
15	50	110	3	L		110	24	61	Z			25						10		J		10						2	F		
		120	5	M		120	32	68	Z		130	5	36	74	Z					15				2	5	H					
18	60	70	2	K	30	100	30		3	I	42	140	40			10	25	N	51	170	20				4	15	J				
		80	7	L			40			15			K	25				2			5	H									
		100	14	M			50	2	24	L			60		9	23	52	Z			20			4	15	J					
		120	26	N			60		9	28			N	70		16	24	61			Z	25			2	7	23	L			
		140	39	O			70		17	39			O	80		3	21	37			O	30			4	13	26	M			
		160	48	Z			80		23	48			O	90		9	23	52			Z	40			1	10	23	45	O		
		180	56	Z		90	3	23	57	Z		20				6	I		50	5	18	23	61	Z							
21	70	60	8	K	33	110	100	7	23	66	Z	45	150	15				2	G	54	180	60	2	15	22	37	74	Z			
		70	14	L			110	10	34	72	Z			20				6	I				10			3	6	I			
		80	18	M			120	12	41	78	Z			25				5	21			K		15			3	6	I		
		90	23	N			130	12	41	78	Z			30				2	16			N		20			1	5	17	K	
		100	33	N			140	10	34	72	Z			40				6	24			O		25			3	10	24	L	
		110	2	41			O	150	15	37	72			Z	50				16			23	56	Z		30			6	17	27
		120	4	47	O	20			2	H	48	160	60		4	19	32	68	Z		40			3	14	23	50	O			
		130	6	52	O	25			6	I				70		10	23	41	79	Z		50	2	9	19	30	65	Z			
24	80	50	10	K	36	120	30			7			J	45	150	80		10	23	41	79	Z	57	190	60	5	16	19	44	81	Z
		60	17	L			40		2	21			L			10				1	E				10			1	3	G	
		70	23	M			50	1	23	48			O			15				3	G				15			4	7	I	
		80	2	31			N	60	7	23			57			Z	20				4	17			K		20			2	6
		90	7	39			N	70	12	30	64	Z	25						8	24	L				25			5	11	25	M
		100	11	46			O	80	15	37	72	Z	30						5	19	33	N				30			1	8	19
		110	13	53	O	20			2	H		40			12	23	51	O		40			8	14	23	55	O				
		120	17	56	Z	25			6	I		50			3	19	26	62	Z		50	4	13	22	33	72	*				
		130	19	63	Z	30			14	J		60			11	19	39	75	Z		60	10	17	19	50	84	*				
27	90	40	7	J	36	120	40		5	25	L	48	160	70		17	19	50	84	Z	60	200	5				1	*			
		50	18	L			50		15	31	N			10				1	F				10			1	4	*			
		60	25	M			60	2	22	45	O			15				1	H				15			1	4	10	*		
		70	7	30			N	70	9	23	55			O	20				3	11			J		20			3	7	27	*
		80	13	40			N	80	15	27	63			Z	25				7	20			K		25			7	14	25	*
					90	19	37	74	Z	30				2	11	25	M		30			2	9	22	37	*					
					100	23	45	80	Z	40				7	23	39	N		40	2	8	17	23	59	*						

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